

TeleDiets Meal Templates Library

Alkaline Cancer
Alzheimer's Disease
Anemia
Anti-Inflammatory
Asthma
Bariatric Ketogenic Series
Bariatric Post Op Series
Bariatric VLCD Series
Cancer Prevention
Chicken Egg Allergy
Childhood Obesity Series
Cirrhosis
COPD
Cow Milk Allergy
Crohn's Disease
Cystic Fibrosis
Dash - Stroke Prevention
Eczema
Epilepsy
Fish / Shell Fish Allergy
Food Allergy Series
GERD
Gluten Free
Gout
Healthy Breastfeeding
Healthy Cholesterol
Heart Disease Prevention
Heart Healthy Living
Hepatitis
High Fiber
Hormone Imbalance
Irritable Bowel
Lactose Intolerant
Low Carb Lifestyle
Pre/Post Natal Series
Mediterranean
Multiple Sclerosis
Osteomalacia

Osteomalacia
Osteoporosis Prevention
Pancreatic Disease
Parkinson's Disease
Peanut Allergy
Pine Nut Allergy
Post Pregnancy Hormone Balance
Post Pregnancy Weight Loss
Prenatal
Psoriasis
Rheumatic Heart Disease
Rheumatoid Arthritis
Rickets
Sarcopenia
Stable Blood Sugar
Stable Blood Sugar
Thyroid
Ulcerative Colitis
Vegan Lifestyle
Vegetarian Lifestyle
Wheat Sensitivity
Women's Healthy Aging

Fitbit™ Sync



TeleDiets syncs with Fitbit trackers and body composition scales.

TeleDIETS

Nutrition Therapy Plugin
for TeleMedicine Services



What is TeleDiets

TeleDiets is a patented program designed to use nutrition therapy along with other traditional prescriptions and physician advice to treat patients effectively. The TeleDiets platform is a one-click meal plan recommendation tool for your patients, based on EMR data, diagnosis, and/or Physician recommendations. We all know food is the cure and the cause of many ailments. A seemingly obvious relationship is then the one between the disease state and the diet. The problem for doctors is the cost and time associated with utilizing an RD or Nutritionist with each and every patient. The solution is software which integrates seamlessly with your online medical business.

How It Works

TeleDiets gives physicians access to a library of predesigned meal plans designed by dietitians and contributing doctors that address many common disease states. Meal plans along with healthy grocery lists can be assigned to patients within seconds and delivered by email, internet health portal or even by using the TeleDiets smart phone app.

Imagine a patient has just been diagnosed with Type II Diabetes, for example. Most likely they are going to need to change their diet, but how long will they have to wait to see an Registered Dietitian to get the recommended diet or meal plan? With most outpatient clinical services, the patient may wait as long as two to three weeks, allowing them to continue with poor eating habits. With TeleDiets, the answer is just a few clicks away.

Disease State	ICD10	MealID
Diabetes - Type II	E11.40	217
Breast Cancer	C79.81	193
Heart Disease	I11.0	42
Hypertension	P29.2	36
Celiac Disease	K90.0	112
COPD	J44.9	219
Cystic Fibrosis	E84.8	273
Anemia	O90.81	140
Eczema	L20.82	118
Gout	M10.0	143
Osteomalacia	M83.0	2
Psoriasis	L40	

Secure Integration

EHR – TeleDiets Data Exchange via API

Your EHR will be required to have a current list of diagnostic codes (ICD 10), the capability to hash patient information internally for external communication via API, and the capability to make relationship links to the codes. Finally, the ability to export patient non EPHI data in conjunction with protected data. TeleDiets' Nutrition Therapy Module will provide a relationship link library for diagnostic codes and output library for relationship to diets for transmission. TeleDiets' staff of System Architects can design an integration solution that is uniquely yours.

